

TBAs Training on Safe Deliveries



Association for Gender Awareness & Human Empowerment

“Aaghosh” (Mother & Child health Project) Dera
Ghazi Khan
Implemented By

**Association for Gender Awareness & Human
Empowerment (AGAHE)**

One day training of Traditional Birth Attendants (TBAs) on Safe deliveries was conducted in two badges on 4th &



12th February 2011 at UC office Samina.

The total duration of the training was divided into two segments first was regarding verbal orientation and in the portion practical demonstration was conducted. Two trainers (Ms. Iram Bukhari, (Master Trainer Health department DG Khan), Dr. Riffat Sultana (Master Trainer Health department DG Khan) were hired for the training. Thirty TBAs were trained on safe deliveries for one day. Timing of the training was 9:00 am to 4:00pm with tea and lunch break.

Formally training was started with recitation of Holy Quran and followed by the introduction of all participants.

After that pretest of the participants were taken and then the topics of the safe deliveries training were started.

Following topics were covered.

- Antenatal care.
- Antenatal checkups.
- Nutrition during pregnancy.
- Rest during pregnancy
- Danger signs during pregnancy.
- Delivery preparedness plan
- Vaginal bleeding during early pregnancy
- Ante Natal Care



- Birth plan
- Hygienic practices during delivery
- Unsatisfactory labor
- Elevated blood pressure with headache

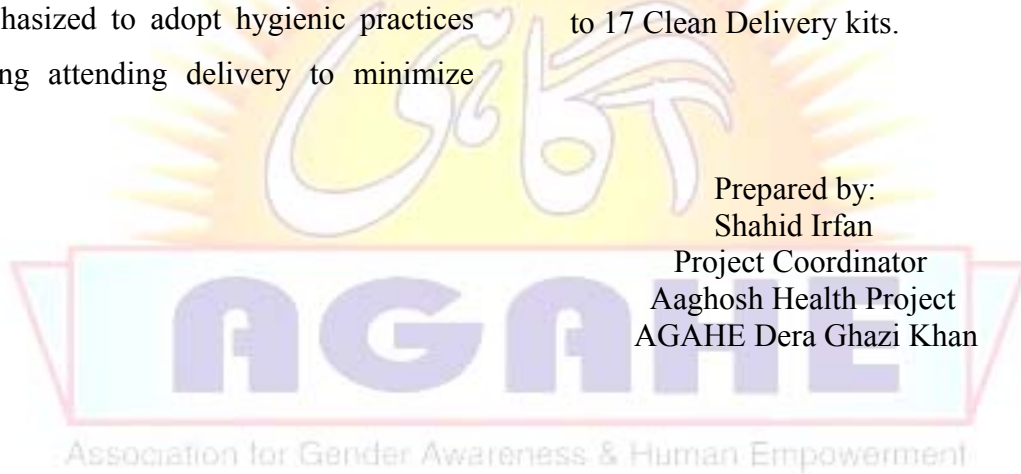
- Normal Labor and Child birth
- Vaginal Bleeding in later pregnancy and labor
- Care of mother after delivery
- Problems after child birth
- Post-partum hemorrhage
- Woman at risk of obstructed labor

After the verbal lecture of the trainer practical demonstration was conducted with full participation of TBAs. Participants practically demonstrated with the help of dummy. TBAs were emphasized to adopt hygienic practices during attending delivery to minimize

infectious cases. All the participants were practically involved in the delivery process exercise through dummy. To make habitual them for adopting



hygienic practices and use of Clean Delivery kits all TBAs were provided 16 to 17 Clean Delivery kits.



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